Menu Items Allergen Check List

Food Safety AUTHORITY OF IRELAND

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

MENU ITEM Type menu items below and indicate allergens using a tick	Cereals*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts**	Celery	Mustard	Sesame seeds	Sulphur dioxide & sulphites***	Lupins	Molluscs
Double Bacon Cheesburg	✓						✓					✓		
Chicken Burger	✓		✓				✓			✓				
Veg Tagine	✓								✓					
Steak	✓						✓		✓					
Steak Sandwich	✓		✓				✓			✓		✓		
Salmon Parcel	✓	✓		✓			✓		✓					
Scampi	✓	✓	✓				✓			✓				
Chef Chicken Salad					✓		✓	✓		✓				
Chef Feta Salad							✓	✓		✓				
BBQ Wings	✓						✓		✓	✓				
Hot Wings	✓						✓		✓	✓				
Fish & Chips	✓			✓			✓			✓				
Bacon & Cabbage	✓						✓			✓		✓		
Chicken Curry	✓								✓	✓				
Half Roast Chicken	✓						✓		✓	✓			✓	
Turkey Roast	✓						✓		✓			✓		
Roast Beef	✓		✓				✓		✓			✓		

* Containing gluten (wheat, rye, barley & oats)
** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
*** e.g. found in sausages, burgers, wine
✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit **www.fsai.ie/allergens** or contact us at **info@fsai.ie**