Menu Items Allergen Check List

Food Safety AUTHORITY OF IRELAND

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

MENU ITEM Type menu items below and indicate allergens using a tick	Cereals*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts**	Celery	Mustard	Sesame seeds	Sulphur dioxide & sulphites***	Lupins	Molluscs
Parsley Sauce	✓						✓							
Gravy							✓		✓					
Pepper Sauce							✓		✓				✓	
Roast Chicken Gravy	✓						✓		✓	✓				
Stuffing	✓						✓							
Sausage Stuffing	✓						✓					✓		
Creamed Leek Veloute	✓			✓			✓		✓					
Blue Cheese Dip			✓				✓			✓				
Hot Sauce							✓							
BBQ Sauce										✓				
Hollendaise			✓				✓			✓				
Tartar Sauce			✓				✓			✓				
Garlic Mayo			✓				✓			✓				
Salad Dressing										✓				
Orange Vinegarette														

* Containing gluten (wheat, rye, barley & oats)
** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
*** e.g. found in sausages, burgers, wine
✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit **www.fsai.ie/allergens** or contact us at **info@fsai.ie**