Menu Items Allergen Check List

Food Safety AUTHORITY OF IRELAND

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

MENU ITEM Type menu items below and indicate allergens using a tick	Cereals*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts**	Celery	Mustard	Sesame seeds	Sulphur dioxide & sulphites***	Lupins	Molluscs
SeafoodChowder	✓	✓		✓			✓		✓					✓
BBQ Wings	✓		✓				✓		✓	✓				
Hot Wings	✓		✓				✓		✓	✓				
Vol Au Vent	✓						✓		✓	✓				
Garlic Mushroom	✓		✓				✓			✓				
French Brie	✓		✓				✓			✓				
Beef Croquette	✓		✓				✓			✓		✓		
Potato Skins	✓						✓			✓				
Bruschetta	✓				✓		✓	✓						
Garlic Bread	✓						✓							
Garlic Bread Cheese	✓						✓							
Brushetta & Mozz	✓				✓		✓	✓						
Soup	✓						✓		✓			✓		

* Containing gluten (wheat, rye, barley & oats)
** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
*** e.g. found in sausages, burgers, wine
✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit **www.fsai.ie/allergens** or contact us at **info@fsai.ie**