


Menu Items Allergen Check List

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

<p>MENU ITEM</p> <p> Type menu items below and indicate allergens using a tick</p>	 <p>Cereals*</p>	 <p>Crustaceans</p>	 <p>Eggs</p>	 <p>Fish</p>	 <p>Peanuts</p>	 <p>Soybeans</p>	 <p>Milk</p>	 <p>Nuts**</p>	 <p>Celery</p>	 <p>Mustard</p>	 <p>Sesame seeds</p>	 <p>Sulphur dioxide & sulphites***</p>	 <p>Lupins</p>	 <p>Molluscs</p>

* Containing gluten (wheat, rye, barley & oats)
 ** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
 *** e.g. found in sausages, burgers, wine
 Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit www.fsai.ie/allergens or contact us at info@fsai.ie