Menu Items Allergen Check List

Food Safety AUTHORITY OF IRELAND

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

MENU ITEM Type menu items below and indicate allergens using a tick	Cereals*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts**	Celery	Mustard	Sesame seeds	Sulphur dioxide & sulphites***	Lupins	Molluscs
Garlic Bread	✓						✓							
Soup							✓		✓			✓		
Goujons & Chips	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Burger & Chips	✓													
Chicken Curry & Chips	✓													
Roast of the Day	✓						✓							
Pasta & Meatballs	✓								✓					
Selection of Ice Cream							✓							
Choclate Brownie							✓	✓						
Fruit Shoot														

* Containing gluten (wheat, rye, barley & oats)
** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
*** e.g. found in sausages, burgers, wine
✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit **www.fsai.ie/allergens** or contact us at **info@fsai.ie**